**MARYLAND SNAP PROGRAM**

<https://dhs.maryland.gov/supplemental-nutrition-assistance-program/applying-for-the-food-supplement-program/>

**FOOD BANKS (STATE WIDE) – GO TO FIND FOOD LINK AND ENTER ADDRESS OR ZIP CODE TO FIND NEAREST FOOD PANTRY**

**SOUTHERN MARYLAND FOOD BANK – Charles County Food Pantries**

<https://southernmarylandfoodbank.com/charles-county-pantries/>

**Maryland Food Bank**

[Find Food Near Me | Maryland Food Bank (mdfoodbank.org)](https://mdfoodbank.org/find-food/?gclid=CjwKCAiA2L-dBhACEiwAu8Q9YCpyDgpmkiO0G8ZPVizcKLEkkWER-sQ7xyOAiIQoXHOmTeiEruO_fBoCt1cQAvD_BwE)

Scroll down on page and enter address or zip code to locate a food pantry near you.

For counties other than Prince George and Montgomery Counties – see Capital Area Food Bank Website.

**Maryland Food Bank – Eastern Branch**

[Eastern Shore Branch | Maryland Food Bank (mdfoodbank.org)](https://mdfoodbank.org/about/locations/eastern-shore-branch/)

[Find Food Near Me | Maryland Food Bank (mdfoodbank.org)](https://mdfoodbank.org/find-food/)

**Maryland Food Bank – Western Branch**

[Western Branch | Maryland Food Bank (mdfoodbank.org)](https://mdfoodbank.org/about/locations/western-branch/)

[Find Food Near Me | Maryland Food Bank (mdfoodbank.org)](https://mdfoodbank.org/find-food/)

**MEALS ON WHEELS – CENTRAL MARYLAND – FOOD DELIVERY SERVICES FOR HOMEBOUND SENIOR CITIZENS**

**Meals on Wheels of Central Maryland**

[Donate Online - Meals on Wheels of Central Maryland (mealsonwheelsmd.org)](https://www.mealsonwheelsmd.org/Donate-Online/?gclid=CjwKCAiA2L-dBhACEiwAu8Q9YAZhg29ZVCIk4x1VbDhCwiXPvoTYE8rV_FhAPF3CF5JMn5hqNvWZWxoCZ6IQAvD_BwE)

Provides meals for a fee to homebound senior citizens. Income / expense based.

**FOOD PANTRIES – BY LOCATION**

**BALTIMORE, MD**

**City of Refuge Baltimore Food Pantry**

3511 7th St, Baltimore, MD 21225 (office noted at 3501)

410-355-6707

Hours: Monday-Wednesday 10am-1pm, Thursday 8am-1pm, Friday 10am-1pm

Services: weekly food pantry, lunches daily,

**Donald Bentley Food Pantry**

2405 Loch Raven Rd, Baltimore, MD 21218

Hours: Saturday, 9am-12pm

**New Life Food Pantry**

[New Life Food Pantry: Baltimore, MD | Opioid recovery, non-profit food pantry, volunteer opportunities (newlifepantry.org)](https://newlifepantry.org/)

2401 East North Avenue, Baltimore, MD 21213

443-800-0213

Hours: Monday-Friday 9am-1:30pm

Services: Food Pantry, Fresh Produce, Food Rescue, Thanksgiving Market

**Our Lady of Victory Church – Community Outreach**

[Community Outreach | Our Lady of Victory (olvictory.org)](https://www.olvictory.org/olvc/pastoral-ministry/community-outreach/)

4414 Wilkens Avenue, Baltimore, Maryland 21229

410-242-0131

Hours: Saturday 9:00-10:00am

Services: Food Pantry

**Faith Community United Methodist Church / United Methodist Church Food Pantry**

5315 Harford Rd #3, Baltimore, Maryland 21214

410-426-8177

Hours: Saturday 10:00am-12pm

Services: Food Pantry services

**Fishes & Loaves Pantry**

[(3) Fishes & Loaves Pantry | Baltimore MD | Facebook](https://www.facebook.com/fishesandloavespantry)

2422 W. Patapsco Ave., Baltimore, MD 21230

410-525-0969

Hours: Monday-Friday 9:30am-3:30pm

Services: Grocery pick-up

**Saint Phillip & James Church – Food Distribution Center**

[Food Pantry - Saints Philip and James Catholic Church - Baltimore, MD](https://philipandjames.org/food-pantry)

2801 N. Charles St., Baltimore, MD 21219

410-235-2294

Hours: Thursday 2-3pm

Services: Grocery pick-up

**BALTIMORE COUNTY, MD**

**Saint Clement Food Pantry – Food Distribution Center**

Halethorpe, Maryland

410-242-1025

Services: Food Pantry

**BELTVILLE, MD**

**Lighthouse Ministries International Food Pantry**

Located in Lighthouse Ministries International

10727 Tucker St, Beltsville, MD 20705

301-477-1074

Hours: Tuesday 3-5pm

**BOWIE, MD**

**The Bowie Interfaith Pantry and Emergency Fund**

[**www.bowiefoodpantry.com**](http://www.bowiefoodpantry.com)

2614 Kenhill Dr, Suite 134, Bowie, MD 20715

301-262-6765 (MWF mornings)

bowiefoodpantry@gmail.com

Hours: MWF 9-11am – drive up, check in, they load groceries into back of vehicle. Call to schedule first visit.

+ 2nd and 4th Tuesday evenings 6-7pm.

Serves qualifying residents of Prince George’s County. Income based.

**COLUMBIA, MD**

**Bridgeway Community Cupboard – Food Pantry**

Located in Bridgeway Community Church – Columbia Campus

9189 Red Branch Rd, Columbia, MD 21045

410-992-5832

Hours: Saturday 9:30-11:30am, Sunday 11-11:30am

**Community Action Council of Howard County – Food Assistance**

9385 Gerwig Lane, Suite J, Columbia, MD 21046

410-313-6185

Grocery Shopping Hours:

* Walk-Ins & Appts - Tuesday and Thursday 1-4pm
* Walk-Ins Welcome – Wednesday, 1-7pm
* By Appointment Only – Saturday – 9am-1pm

Program offers: groceries, fresh produce, dairy options, meats and other proteins, fresh breads, baked goods, shelf-stable canned and boxed foods, feminine hygiene products, diapers, wipes, baby formula and food, allergy-friendly foods. Access to shop twice a month at the Howard County Food Bank. Access to apply for SNAP. Access to energy, housing and early childhood education through Head Start and Prekindergarten programming.

Must show proof of Howard County residency. Income based.

**ELKRIDGE, MD**

**Elkridge Food Pantry and Garden**

[Home - Elkridge Food Pantry](http://elkridgefoodpantry.org/)

5646 Furnace Ave, Elkridge, MD 21075

Service Area: Eldkridge, Jessup, Hanover + must show proof of residency (utility bill)

Hours: 2nd and 4th Friday of the month, 4-7pm

**FORT WASHINGTON, MD**

**Fort Washington Food Pantry**

[fortwashingtonfoodpantry.net](http://www.fortwashingtonfoodpantry.net/Guidelines.html)

Located at St. John’s Episcopal Church – Broad Creek

2nd Floor of the Education Building

9801 Livingston Rd, Fort Washington, MD 20744

301-248-4290

Hours: Saturday, 9:30-?

Must live ID and proof of address (utility bill) on first visit to food pantry. Must provide name and number in household. Allowed 2 visits per month.

**FULTON, MD**

**Open Door Food Pantry – Food Distribution Center**

Located in Mt. Zion United Methodist Church

12430 Scaggsville Rd, Fulton, MD 20759

301-854-2324

No hours noted

Grocery pickup / No meal service

**HALETHORPE, MD**

**Saint Clement Food Pantry – Food Distribution Center**

Located in St. Clement Catholic Church

2700 Washington Ave, Halethorpe, MD 21227

410-242-1025

Hours: Monday-Friday 10am-2pm

Grocery pickup

**KENT COUNTY, MD**

**Kent County Food Pantry**

[Kent County Food Pantry – No one should go to bed hungry. (kentfoodpantry.org)](https://kentfoodpantry.org/)

Scroll down page to read more information that what provided here.

Located in downtown Chestertown, MD at Christ United Methodist Church.

Corner of High and Mill Streets (use Mill Street entrance), 21620 zip.

410-778-0550

Hours: every Tuesday and Thursday, 10am-noon

Serve: Kent County residents of all ages, people with disabilities, low-income elderly, children in low-income households, families with part-time or low paying jobs, unemployed men and women.

Allowed to pick up food 2x/month.

**LAUREL, MD**

**Laurel Church of Christ – Food Pantry**

[Laurel church of Christ | Food Pantry](https://www.laurelchurch.net/ministries/food-pantry)

7111 Cherry Lane, Laurel, MD 20707

301-490-0777

demetrius.morris@laurelchurch.net.

Hours: Saturday, 10am-1pm – drive-thru at lower level of church building

**MONTGOMERY COUNTY, MD**

**Montgomery County Food Council’s Food Resource Directory –**

Montgomery County Food Assistance Resource Map – map and food pantries information to easily find location nearest and best fit for you.

[Food Assistance Resource Map - Montgomery County Food Council (mocofoodcouncil.org)](https://mocofoodcouncil.org/map/)

**PARKVILLE, MD area**

**Assistance Center of Towson Churches**

[ACTC | Assistance Center of Towson Churches 410-296-4855 (actconline.info)](https://www.actconline.info/)

116 W. Pennsylvania Ave, Towson, Maryland 21204

Location: behind Calvary Baptist Church in downtown Towson. Enter parking lot from Baltimore Avenue (spaces are limited)

410-296-4855

Actc316@gmail.com

Hours: Monday – Friday, 10am – 2pm (During inclement weather, ACTC closes when Baltimore County Public Schools are closed)

Serves: Neighbors in need in northern and central Baltimore County and northern Baltimore City. We offer food, help with rent, and other services through the generous support of donors and volunteers. Groceries every 2 weeks for anyone living in our service area. Lunches every weekday for people who are homeless. Also helps those in need for emergency financial help (must apply for assistance online) if facing eviction due to lack of money, if facing heating / electricity to be cut off, gas vouchers or MTA tokens/passes to get to doctor’s appointments or for job hunting, help paying for prescription medications. Homeless services with weekday lunches, toiletries and extra food for weekend, clothing, mail pick-up. Provides assistance for re-entry from prison. Will also assist by connecting you to other resources in community.

**New Life Food Pantry**

[New Life Food Pantry: Baltimore, MD | Opioid recovery, non-profit food pantry, volunteer opportunities (newlifepantry.org)](https://newlifepantry.org/)

2401 East North Avenue, Baltimore, MD 21213

443-800-0213

Hours: Monday-Friday 9am-1:30pm

Services: Food Pantry, Fresh Produce, Food Rescue, Thanksgiving Market

**Saint Ursula Catholic Community / St. Vincent De Paul Baltimore**

[Food Pantry - SAINT URSULA CATHOLIC COMMUNITY (stursulaparish.org)](https://www.stursulaparish.org/food-pantry.html)

8801 Harford Rd, Parkville, MD 21234

410-665-0918 – call to schedule an appointment for assistance

Hours: Tuesdays 9:30-11:30am, Thursdays 2-4pm, also open without an appointment on the third Wednesday of every month from 9am-12pm.

The St. Ursula Conference of the Society of St. Vincent de Paul operates an emergency food pantry at St. Ursula Church.

**United Methodist Church Food Pantry – Food Distribution Center**

Located at: Faith Community United Methodist

5315 Harford Rd #3, Baltimore, MD

410-426-8177

Hours: Friday 10am – 2pm

**Victor’s Vittles**

Located at: Rear parking lot at Christus Victor Lutheran Church

[Victor’s Vittles – Christus Victor Lutheran Church (christusvictoronline.org)](https://christusvictoronline.org/victors-vittles/)

9833 Harford Rd, Parkville, MD 21234

410-668-8089

office@christusvictoronline.org

Hours: Saturday 9am – 11:15am

Services: individuals and families in their local neighborhoods with zip codes 21234, 21236, 21286

**SILVER SPRING, MD**

**Silver Spring Christian Reformed Church – Food Pantry Ministry**

[Food Pantry — Silver Spring Christian Reformed Church (sscrc.org)](https://www.sscrc.org/food-pantry)

1501 Arcola Ave, Silver Spring, MD 20902

301-284-8401

foodpantry@sscrc.org

Hours: 1st and 3rd Tuesday of each month, 3-5pm

Provides pre-packaged bags for pickup. No referral or documentation needed. Any household in need of food is eligible.

**SUITLAND, MD**

**Changing Lives Community Development Corporation**

Located at Victory Christian Ministries International

Pop-Up Market –

* Suitland Campus
	+ Every Thursday, 12pm-?
	+ 3911 St. Barnabas Rd, Suitland, MD 20746
* Woodbridge Campus
	+ Every Sunday, 12pm - ?
	+ 14015 Minnieville Rd, Woodbridge, VA 22193

**WALDORF, MD**

**ISRAEL TOTAL LIFE MINISTRIES -** FREE FOOD PANTRY

64 INDUSTRIAL PARK DRIVE, WALDORF, MD 20602

TEXT FOODPANTRY TO 71441 FOR MORE INFORMATION

Hours: every Saturday

\*\*FIRST COME FIRST SERVED UNTIL OR WHILE SUPPLIES LAST

.

**NEW HOPE COMMUNITY OUTREACH SERVICES**

4196 OLD WASHINGTON RD, WALDORF, MD 20602

ALL IN NEED ARE WELCOME

301-843-3887

INFO@NHCOSINC.ORG

NHCOS.ORG

NHCOS Workforce Development Program recently updated its computer lab to serve as a resource center for residents to get assistance with resume building, job applications, and career development. Give today to support the Workforce Development Program through our [#GivingTuesday](https://www.facebook.com/hashtag/givingtuesday?__eep__=6&__cft__%5b0%5d=AZURelguZnXouwsaiUIZcEgGcgN8iAzKf6oBqZL2jDu-z1wCxpJdgKR0d_P3cf80M1-nUzRX8uGkWU13TtC6DzEOHrfsNFJk2mrn8AsOth44Ha5aY-AXsb3vsvQLKp06CWleftGvZH2E_-DDA_hgHvcV5-8Sl6o6h_HAZV8ktK5v6E2WtYRmh45GhVtICWTOSJM&__tn__=*NK-R) campaign. [https://giv.li/72ewk3](https://l.facebook.com/l.php?u=https%3A%2F%2Fgiv.li%2F72ewk3%3Ffbclid%3DIwAR3XNNFuEkFiKG1LJyNpTynvORQ0X4rK3ERIJ-_cAM2eRiya2mn_bR-4Ohc&h=AT3m5j34ndF1T3zfqxsR4hlWE1mpT1SXds_jtBgrAMUZTvf_yl70sxCs6jFVIp9PTTO6z19CmMk7J7MFLxBh8PW66tsR13iBob-jLM8BFz3wDxtEWownThuhKvmh8fks2kg3WN3DdinmFZ7AXc5X&__tn__=-UK-R&c%5b0%5d=AT1uO5NJsNJtUtZz5rj_SJc59gozS0weJODECGt0nRta6sAwDZEzpfQ7Roy-cQCknc0QVjQXpbBwhg8HNEhCpo3iLKOD_DIkrY0vT4OxyPoTxZ2itybXTKC9gzQ2TAKh5zTX5uAjxTYzSc67v355SacH1HPTvPhb2EzfxY0o2tvZr7uRi0itKfm0dUBUWM6G5z9b96AXom8O)

SUSTAINABLE GARDEN PROGRAM [https://giv.li/72ewk3](https://l.facebook.com/l.php?u=https%3A%2F%2Fgiv.li%2F72ewk3%3Ffbclid%3DIwAR0GNDjEFmU77xa8XEgZBQU9eGnXlXbf5RQ5BhR_kypYCDUi2r2CXQ4TJJI&h=AT3m5j34ndF1T3zfqxsR4hlWE1mpT1SXds_jtBgrAMUZTvf_yl70sxCs6jFVIp9PTTO6z19CmMk7J7MFLxBh8PW66tsR13iBob-jLM8BFz3wDxtEWownThuhKvmh8fks2kg3WN3DdinmFZ7AXc5X&__tn__=-UK-R&c%5b0%5d=AT2DhXHAWWOUp7P4zyUsOSgpoPV3eLOcIb-Am_Lr2IxvMh4SpAsSPTRERsLjE0RO_VL92YChyX1YBobJjGojDzjcORs5fWbB6rFycF25HXfCDqxnOJ2go5HjGQsZlfXaxoXmUS1nfguNLTbEYb4Ha18xWYOLM636MgshtS5DN39ZdCWWVbOoYjxA5MN0Z_KvwosQNGQuwX4G)

NHCOS Emergency Needs Program distributes groceries, PPE, diapers, and clothes to residents. Help support NHCOS Emergency Needs Program by donating to its [#GivingTuesday](https://www.facebook.com/hashtag/givingtuesday?__eep__=6&__cft__%5b0%5d=AZVWy5wIj1tOfzWJq3VjE9MiVgLK9wEVzpufdochMK60K3UWEEqAWtQz4zF2RU238rBtbGIKgFR7nYA3LYuc2JXZzJ0JAUVe1c6pMhz3wineSIzkffLLz-jX2zpU8M2OAIqqx_1jks2J9ZXU1VLKjZgy87PSqAf81lN4Q8NFOM9L7g7GDP58rUyQik0yRnpwyDs&__tn__=*NK-R) campaign today! [https://giv.li/72ewk3](https://giv.li/72ewk3?fbclid=IwAR0pfWhzj-GzD4gCpptl7NEJXr5j_Eo8Ds9mWWbz9DVUGZQwJ8V-LH8oYwM)

To support New Hope Community Outreach Services please use the following link:

[https://giv.li/72ewk3](https://giv.li/72ewk3?fbclid=IwAR0LBQCgWseNao9r868SGqVUppb9BQDT1rfLeTzUP2E6OfyDfFV_fJ7tNJ0)

**WOODBINE, MD**

**Morgan Chapel Food Pantry – Food Distribution Center**

Located in Morgan Chapel United Methodist Church

6750 Woodbine Rd, Woodbine, MD 21797

443-920-3356

No hours provided

Grocery pickup

**WOODBRIDGE, VA**

**Changing Lives Community Development Corporation**

Located at Victory Christian Ministries International

Pop-Up Market –

* Suitland Campus
	+ Every Thursday, 12pm-?
	+ 3911 St. Barnabas Rd, Suitland, MD 20746
* Woodbridge Campus
	+ Every Sunday, 12pm - ?
	+ 14015 Minnieville Rd, Woodbridge, VA 22193